

AFFIRMATION & MINDFULNESS

bulletin board kit



- ✓ **20** 8.5x11 posters & to-take cards
- ✓ **3** signage options in **2** fonts
- ✓ Optional **11x17** signage to fit larger bulletin boards
- ✓ Print, cut, and post
- ✓ Trim posters to 8x10 and pop into frames for a polished look
- ✓ Mat onto cardstock and laminate

Fit to match your space and needs!

Live a life of affirmation

Print outline font on colored paper
and mat on white if you'd like

TODAY IS
RICH WITH
opportunity.

TODAY I WILL
GO ONE STEP
MORE.

I HAVE
prepared
FOR THIS.

I AM
STRONG.
I CAN DO
THIS.

I AM
blessed
MORE THAN
I KNOW.

Two signage wording options for B&W or printing on colored paper

Choose a
CARD.

One that calls
YOU.

After your
path to something
NEW.

Print script font on
white paper!

breath in
FOR THREE
breath out
FOR THREE

TODAY, I WILL
TAKE THAT
CHANCE.

WHAT DOES
calm
SMELL LIKE?

OTHERS NEED MY
JOY.

THE TENSION
floats
FROM MY BODY.

CHALLENGES
MAKE ME
GROW.

I AM
blessed
MORE THAN
I KNOW.

I CAN DO
HARD
THINGS.

TODAY IS RICH WITH
opportunity.

Also included — 20 to-take challenge cards!

TODAY IS MY
comeback.

OTHERS NEED MY
JOY.

I AM IN
COMPLETE
CONTROL.

WHAT DOES
calm
SMELL LIKE?

BREATH
BREATH
BREATH.

TODAY, I
MAKE MY OWN
LUCK.

WHAT DOES
warm
SOUND LIKE?

WHAT DOES
quiet
FEEL LIKE?

I'M LETTING
GO OF WHAT
NO LONGER
SERVES ME.

I DO WHAT I
love
WHAT I DO

breath in
FOR THREE
breath out
FOR THREE

CHALLENGES
MAKE ME
GROW.

TODAY, I WILL
TAKE THAT
CHANCE.

THE TENSION
floats
FROM MY BODY.

I CAN DO
HARD
THINGS.

Mix and
match
posters to
display
anywhere

Simply
lamineate
or trim to
8x10in and
frame