

# HEALTHY RELATIONSHIPS

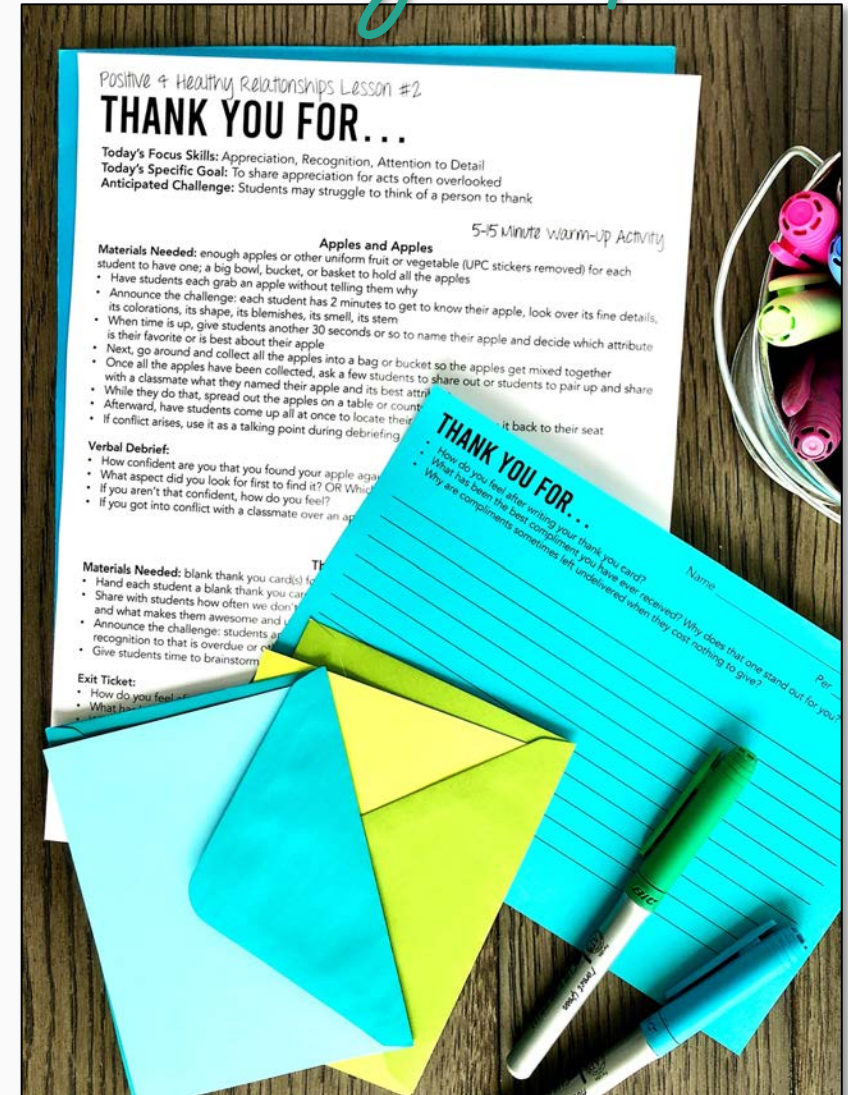
## activity 6-pack

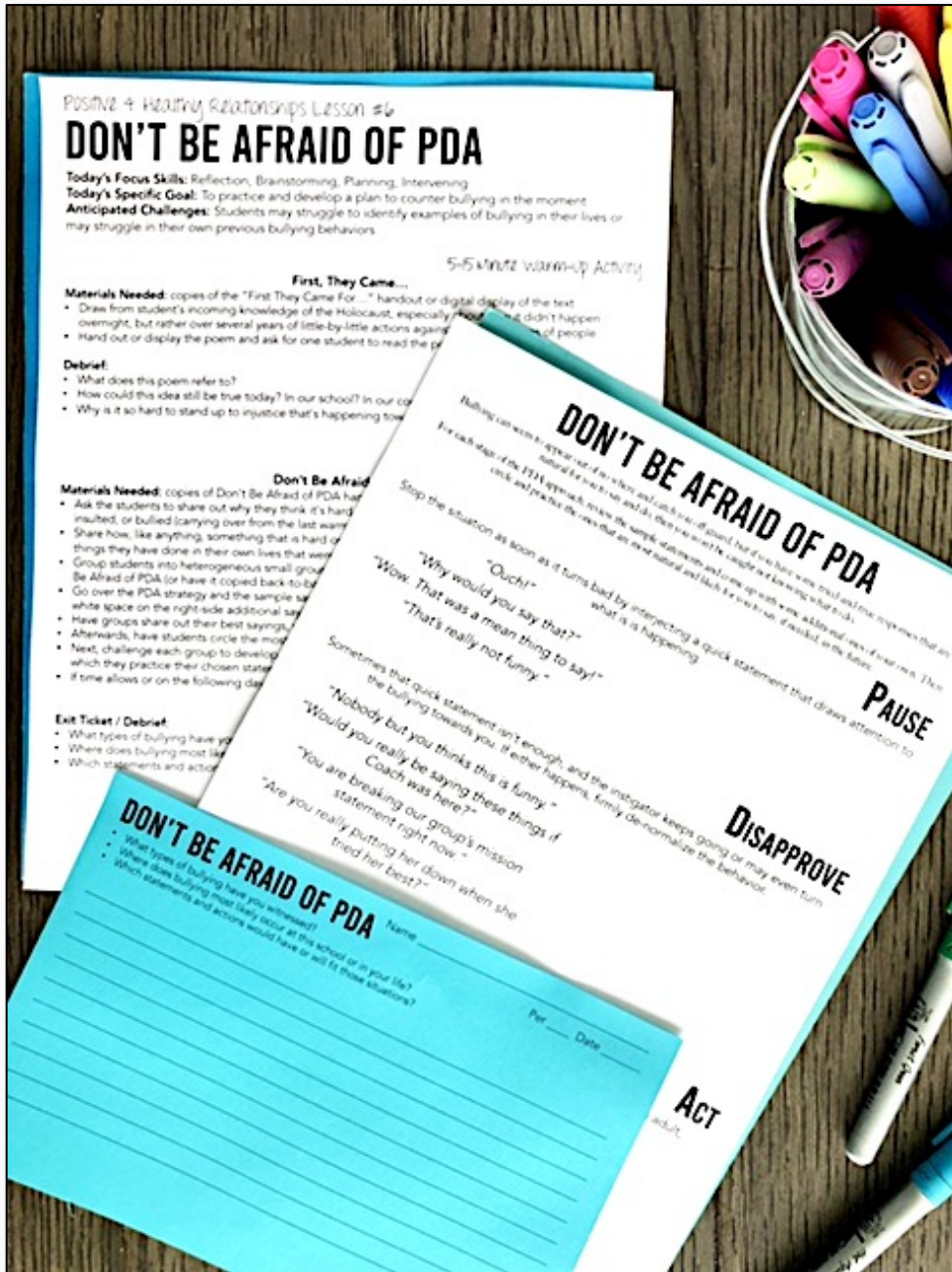
**6 one-hour lessons** to strengthen healthy relationship building. This kit is a **must-have** for any StuCo advisor or Leadership teacher!

### ACTIVITIES INCLUDE

Group Relationship Building  
Vulnerability Challenges  
Bullying Prevention Techniques  
Gratitude Challenges

**EVERYTHING IS NO- OR LOW-PREP**





# SUPPORTS *included*

- ✓ Detailed Teacher Overview & Lesson Plans
- ✓ Debrief Questions & Exit Tickets
- ✓ Handouts & Auxiliary Materials
- ✓ Lesson Goals & Anticipated Challenges

“ I teach the Leadership/StuCo class at my school. These lessons were excellent for **teaching empathy** and how emotions can help us to understand each other. I will make this lesson **part of my regular curriculum**. The students even commented on how it made them think and reflect and they liked it.– fellow TPT seller. ”